

## **Research Interests**

Left ventricular hemodynamics, calcium channel blockade in congestive heart failure.

Fatty acid metabolism in ischemic myocardium, nuclear imaging of metabolic substrate tracers.

CAPERNICUS Multicenter Trial of Carvedilol in Severe Congestive Heart Failure; Principal investigator, Montclair Baptist Medical Center

## **Practice Interests**

Adult General and Noninvasive Cardiology

Adult Congenital Heart Disease

Congestive Heart Failure

Cardiac Disorders in Pregnant Women

Nuclear Medicine Cardiology Testing, Administration and Interpretation

Cardiac Nuclear SPECT and PET Stress Testing with Ventricular Function Assessment

Cardiac Computed Tomography and Angiography (CCTA, and Calcium Scoring)

Echocardiography

Permanent Pacemaker management and follow-up

## **Medical Publications**

**ABSTRACT:** WH Watford, RA Walsh, RA O'Rourke: Diltiazem Attenuates the Hemodynamic Effects of Cardiac Glycosides. **JACC**, Supplement Abstracts, March, 1988

WH Watford, RA Walsh, RA O'Rourke: Diltiazem Attenuates the Inotropic and Peripheral Vascular Effects of Cardiac Glycosides. **American Heart Journal**, Vol 118, No 4, pp 738-747, October, 1989

## **Fiction Publications (Novels)**

**MORTAL STRAIN**, Kensington Publishing Corp., NY, NY, 2002  
ISBN 0-7860-1467-9

**LETHAL RISK**, Kensington Publishing Corp., NY, NY, 2003  
ISBN 0-7860-1581-0

## **Professional Writing Organization Memberships**

Mystery Writers of America  
International Thriller Writers  
Writers Guild of America  
The Authors Guild

## **Writing Honors**

### **MORTAL STRAIN**

First Place, Outstanding Fiction, Santa Barbara Writer's Conference  
Nominated Best First Paperback Novel for an American Writer, Mystery Writers of America

### **LETHAL RISK**

Nominated, Best Fiction of the Year, SouthEast Booksellers Association (SEBA, now Southern Independent Booksellers Alliance)  
Highlighted on FOX News as one of the Best Books to Read on Summer Vacation

### **Writer In Residence for 2009**

Alabama Writer's Conclave

Fiction Writing Web site: [www.whWatford.com](http://www.whWatford.com)

## **Personal Interests**

Music, theology, reading, writing, collector of Incunable Bibles (published during first 50 years of the invention of printing); weekly mentoring of Medical Student Small Group; Volunteer, M-Power Ministries Clinic